Is ISENTRESS right for you?

isentress.com

Provided as an educational resource by Merck
INDICATION

ISENTRESS is a prescription HIV medicine used with other antiretroviral medicines to treat human immunodeficiency virus-1 (HIV-1) infection in adults, and in children weighing at least 4.4 pounds (2 kg). HIV is the virus that causes AIDS (Acquired Immune Deficiency Syndrome).
Use this brochure as a helpful guide to work with your healthcare team to find an HIV-1 therapy that fits your needs and lifestyle.

IMPORTANT SAFETY INFORMATION

Some people who take ISENTRESS develop severe skin reactions and allergic reactions that can be serious, and may be life-threatening or lead to death. If you develop a rash, call your doctor right away. If you develop a rash with any of the following symptoms, stop using ISENTRESS and call your doctor or get medical help right away: fever; generally ill feeling; extreme tiredness; muscle or joint aches; blisters or sores in mouth; blisters or peeling of skin; redness or swelling of the eyes; swelling of the mouth, lips, or face; problems breathing.

Sometimes allergic reactions can affect body organs, such as your liver. Call your doctor right away if you have any of the following signs or symptoms of liver problems: yellowing of your skin or whites of your eyes; dark or tea-colored urine; pale-colored stools (bowel movements); nausea or vomiting; loss of appetite; pain, aching, or tenderness on the right side of your stomach area.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
Thinking about taking ISENTRESS® (raltegravir)?

- What is ISENTRESS? ................................................................. 1
- How ISENTRESS works ............................................................. 2
- How to take ISENTRESS .......................................................... 3
- Take your medicines as prescribed ........................................... 4
- ISENTRESS and other medications .......................................... 5
- Common side effects ................................................................. 6-7
- Make a plan and follow it through ............................................ 8
- Patient resources .................................................................... 9
- Savings coupon .................................................................... 10
What is ISENTRESS?

ISENTRESS is a prescription HIV medicine used with other antiretroviral medicines to treat human immunodeficiency virus-1 (HIV-1) infection in adults, and in children weighing at least 4.4 pounds (2 kg). HIV is the virus that causes AIDS (Acquired Immune Deficiency Syndrome).

IMPORTANT SAFETY INFORMATION

◆ Changes in your immune system (Immune Reconstitution Syndrome) can happen when you start taking HIV-1 medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your doctor right away if you start having new symptoms after starting your HIV-1 medicine.

◆ People taking ISENTRESS may still develop infections or other conditions associated with HIV-1 infections.

◆ The most common side effects of ISENTRESS include: trouble sleeping, headache, dizziness, nausea, and tiredness. Less common side effects include: depression, hepatitis, genital herpes, herpes zoster including shingles, kidney failure, kidney stones, indigestion or stomach area pain, vomiting, suicidal thoughts and actions, and weakness.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
IMPORTANT SAFETY INFORMATION

Tell your doctor before you take ISENTRESS if you have a history of a muscle disorder called rhabdomyolysis or myopathy or increased levels of creatine kinase in your blood.

ISENTRESS may not have these effects in all patients.

For your HIV-1 treatment to work, you should take your medicine as instructed. Work with your healthcare team to find a treatment plan that fits your needs and lifestyle. Ask if ISENTRESS may be right for you as part of your HIV-1 regimen.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
How should I take ISENTRESS?

◆ Take your ISENTRESS by mouth and swallow the film-coated tablets whole.
◆ **Do not** change your dose of ISENTRESS or stop your treatment without talking with your doctor first.
◆ Take ISENTRESS on a regular dosing schedule as instructed by your doctor. Do not miss doses.
◆ **Do not** run out of ISENTRESS. The virus in your blood may increase and the virus may become harder to treat.
◆ Get a refill of your ISENTRESS from your doctor or pharmacy before you run out.
◆ Store it at room temperature (68° to 77°F). ISENTRESS does not require refrigeration.
◆ Stay under the care of your doctor during treatment with ISENTRESS.

**IMPORTANT SAFETY INFORMATION**

◆ Tell your doctor right away if you get unexplained muscle pain, tenderness, or weakness while taking ISENTRESS. These may be signs of a rare serious muscle problem that can lead to kidney problems.

◆ These are not all the possible side effects of ISENTRESS. For more information, ask your doctor or pharmacist. Tell your doctor if you have any side effect that bothers you or that does not go away.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
You may have so much going on in your life, remembering to take your medicines can be a challenge.

Try these simple reminders:

◆ Organize pills by day and time.
◆ Keep a note pad near your dresser.
◆ Put sticky notes on your mirror.
◆ Write it down on a calendar.
◆ Make taking your medicine part of your daily routine (e.g., when brushing your teeth or at meal time).
◆ Ask friends/family for help.

IMPORTANT SAFETY INFORMATION

◆ Tell your doctor about all your medical conditions, including if you have any allergies, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeeding. Do not breastfeed if you take ISENTRESS. Women with HIV should not breastfeed because their babies could be infected with HIV through their breast milk.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
ISENTRESS can be used with a wide range of non-HIV medicines

Some medicines can interact with ISENTRESS. Tell your doctor if you take antacids containing aluminum, or magnesium; rifampin; or other drugs such as carbamazepine, phenobarbital, and phenytoin. Your healthcare provider will tell you if it’s safe to take ISENTRESS with other medicines.

IMPORTANT SAFETY INFORMATION

Tell your doctor about all the medicines you take, including, prescription and over-the-counter medicines, vitamins, and herbal supplements. Some medicines interact with ISENTRESS. Do not start taking a new medicine without telling your doctor. Your doctor can tell you if it is safe to take ISENTRESS with those other medicines.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
ISENTRESS has a low rate of side effects

In a long-term clinical study lasting more than 4 years (240 weeks) of patients being treated with HIV-1 medicine for the first time, it was found that:

- The side effects of ISENTRESS plus Truvada that interfered with the daily activities of 2% or more of those who participated in the study were:
  - Trouble sleeping (4% of participants)
  - Headache (4% of participants)
  - Nausea (3% of participants)
  - Dizziness (2% of participants)
  - Tiredness (2% of participants)

These are not all the possible side effects of ISENTRESS. Some side effects of ISENTRESS can be severe. Some patients who take ISENTRESS may develop serious skin reactions and allergic reactions that can be severe, and may be life-threatening or lead to death. It is important to talk to your healthcare team about any side effects you may be experiencing.

IMPORTANT SAFETY INFORMATION

- Take ISENTRESS exactly as prescribed by your doctor.

- Do not change your dose of ISENTRESS, do not switch between the film-coated tablet, the chewable tablet, or the oral suspension without talking to your doctor first or stop your treatment without talking with your doctor first.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
Some side effects can be serious

ISENTRESS can cause serious side effects including:

✦ **Severe skin reactions and allergic reactions**

If you develop a rash, call your doctor right away. Stop using ISENTRESS and call your doctor or get medical help right away if you develop a rash with:

- Fever
- Generally ill feeling
- Extreme tiredness
- Muscle or joint aches
- Blisters or sores in mouth

As some of these reactions can be severe and may be life-threatening.

✦ **Liver problems**

Call your doctor right away if you have any of the following signs or symptoms:

- Yellowing of your skin or the whites of your eyes
- Dark or tea-colored urine
- Pale colored stools (bowel movements)
- Nausea or vomiting
- Loss of appetite
- Pain, aching, or tenderness on the right side of your stomach area

✦ **Changes in your immune system**

Tell your doctor right away if you start having:

- New symptoms after starting your HIV-1 medicine

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
Make a plan and follow it through.

- Work with your healthcare team to find an HIV-1 therapy that fits your needs.
- Ask if ISENTRESS may be right for you as part of your HIV-1 treatment.
- Don’t start any new medicines while you are taking ISENTRESS without first talking with your doctor.
- Work with your healthcare team—talk about any questions you have.

IMPORTANT SAFETY INFORMATION

- ISENTRESS film-coated tablets must be swallowed whole.
- Take ISENTRESS on a regular dosing schedule as instructed by your doctor. Do not miss doses.
- Get your ISENTRESS refilled from your doctor or pharmacy before you run out.

Please read the accompanying Patient Information and Instructions for Use for ISENTRESS and discuss them with your doctor. The physician Prescribing Information is also included.
Taking ISENTRESS? Thinking about talking to your healthcare team about it? Check out these resources to help you manage your treatment.

**Ask Your Doctor**
Customize a list of questions to ask your doctor in 3 quick, easy steps. Visit [isentress.com](http://isentress.com)

**Tools and Resources**
Visit our website for more information about ISENTRESS and how it treats HIV-1, along with downloadable resources and helpful tips. [isentress.com](http://isentress.com)
For eligible privately insured patients. Certain restrictions apply. Please see terms and conditions.

The savings coupon for ISENTRESS

- Privately insured eligible patients may save on ISENTRESS.
- Not all patients are eligible. Certain restrictions apply. Please see Terms and Conditions.
- To find out more or, if eligible, to print your coupon, click here.

Please see the terms and conditions on isentress.com
Please read the accompanying Patient Information and Instructions for Use for ISENTRESS® (raltegravir) and discuss them with your doctor. The physician Prescribing Information is also included.

Brands mentioned are the trademarks of their respective owners.